

FEBRUARY 2024

DOWNE PRIMARY'S NEWSLETTER



NOTE FROM MISS DOLAN

We are now fully in to the swing of the new year and the children have been fully immersed in their new learning topics. I keep hearing lots of new facts and knowledge as I walk around the school.

If you have time please log on to Parent View and give your opinions on our school. We will also have this set up on laptops for you to complete on Parents Evening. Your views are important to us.

There are lots of key dates and information in this newsletter and as always if there are any questions do get in touch.



OAK TO DOWNE HOUSE

Oak class had a fantastic trip to Downe House despite the bad weather! The children learnt about the site where the internationally renowned 'On the Origin of Species' was written. From Victorian interiors and original furniture inside the house, to gardens of Special Scientific Interest, there was plenty for Oak class to see at Downe House.



SYCAMORE TO HIGH ELMS

Sycamore class had a brilliant morning at High Elms they took part in a minibeast hunt and pond dipping workshop, stayed for lunch and then headed back to school for the afternoon. They found lots of creatures and even had the chance to look at and touch some giant insects from other countries.



FUN & LEARNING IN WILLOW

Last week Willow class took part in a PSHE workshop all about 'bouncing back' and being 'resilient.' The children have been putting this into practice, supporting and encouraging each other to try again when things have been tricky, and using their new mantra 'I can't do it..... yet!'

They have also enjoyed learning about Chinese New Year. They wrote their names using the Chinese alphabet symbols, made lanterns and dragon puppets, and learnt about the animal race. This year is the year of the Dragon.



CEDAR CLASS' HISTORY LESSONS

Cedar class have been working very hard in history over the last couple of weeks, they have created a 3rd person cultural stories display for the classroom and have been learning about the ancient Benin Kingdom Igwe (pronounced 'Ig') festival. They also went to the British Museum.



LOCAL NEWS / EVENTS / USEFUL INFORMATION

Uniform

When your children are not attending a club or have PE days please send them into school wearing school uniform.

School Uniform

- Grey skirt or trousers
- White shirt
- School Sweat-shirt/ cardigan
- White socks/ grey tights
- black school shoes (not trainers)
- Blue gingham dresses (summer)

P.E Kit

- Blue polo shirt
- Blue shorts
- Trainers / Plimsolls for games
- Blue or black plain tracksuit
- PE bag

We will be sending out a survey shortly about parental thoughts on uniforms and look at adapt a little in September 2024 to make it as 'purse friendly' as possible.

 <p>Know who online 'friends' are</p>	 <p>Understand not everything online is true</p>	 <p>Consider using home internet filters</p>	 <p>Check security settings are in place</p>
<p>Know how to block unwanted calls & texts</p> 	<p>Make sure you have an Anti-Virus program</p> 	<p>Check age ratings on games</p> 	<p>Be careful what you share</p> 
 <p>Ask your child to teach you about their online world</p>	 <p>Set expectations and time limits</p>	 <p>Know how to report problems on Social Media</p>	 <p>If in doubt, always ask for help</p>

...useful tips for Parents and Carers

LOCAL NEWS / EVENTS / USEFUL INFORMATION



Safe – Happy – Learning
www.thepioneeracademy.co.uk

The Pioneer Academy 2024/2025 TERM DATES

Autumn Term (72 days)

INSET day

INSET day

Term starts

Half Term

Inset Day

Term ends

Thursday 29th August 2024

Friday 30th August 2024

Monday 2nd September 2024

Monday 21st October 2024 – Friday 1st November 2024 (2 weeks)

Monday 4th November 2024 (TPA Inset day)

Friday 20th December 2024

Christmas Break (2 weeks)

Spring Term (61 days)

INSET day

Term starts

Half Term

Term ends

Friday 3rd January 2025

Monday 6th January 2025

Monday 17th February 2025 – Friday 21st February 2025 (1 week)

Friday 4th April 2025

Easter Break (2 weeks, 1 day)

Summer Term (63 days)

Term starts

Half Term

INSET day

Term ends

Tuesday 22nd April 2025

Monday 26th May 2025 – Friday 30th May 2025 (1 week)

Monday 2nd June 2025

Wednesday 23rd July 2025

Summer Break (5 weeks)

Autumn Term 2025

INSET day

INSET day

Term starts

Thursday 28th August 2025

Friday 29th August 2025

Monday 1st September 2025

LOCAL NEWS / EVENTS / USEFUL INFORMATION



SPORTACUS
EVERYONE DESERVES A CHANCE

07897 932 884
WWW.SPORTACUS.CO.UK
INFO@SPORTACUS.CO.UK

DEAR GROWNUPS

SPRING 2024

WE ARE SPORTACUS, THE HOME OF EXTRACURRICULAR CLUBS, PE, SPORTS COACHING, LEARNING MENTORS, WRAP AROUND CARE, FOOTBALL COACHING AND MUCH MORE.

WE WORK IN PARTNERSHIP WITH SCHOOLS, FOOTBALL CLUBS, COMPANIES, PRIVATE INDIVIDUALS AND THE LOCAL COMMUNITY IN A WIDE RANGE OF ROLES, IN A NUMBER OF LOCATIONS ACROSS SOUTH EAST LONDON AND KENT AND CONSIDER OURSELVES ONE OF THE MOST DIVERSE COMPANIES IN OUR INDUSTRY.

WE ARE OFSTED REGISTERED, ALL OF OUR COACHES HOLD ENHANCED DBS CHECKS AND ARE ALL EMERGENCY FIRST AID TRAINED. WE HAVE OVER 40 HIGHLY SKILLED, PUNCTUAL, EXPERIENCED AND MOTIVATED COACHES READY TO INSPIRE YOUR CHILDREN THROUGH THE POWER OF SPORT AND PHYSICAL ACTIVITY.

AFTER HALF TERM WE WILL BE LAUNCHING A BRAND NEW FOOTBALL AFTER SCHOOL CLUB AT DOWNE PRIMARY SCHOOL

OUR EXTRA-CURRICULAR CLUBS ARE OPEN TO ALL YEAR GROUPS. FOR MORE DETAILS ON ANY OF OUR CLUBS OR WHAT YOUR CHILDREN CAN EXPECT, PLEASE VISIT OUR WEBSITE.

CLUB	DAY	TIME	DATE	PRICE
FOOTBALL	THURSDAY AFTER SCHOOL	3:30 - 4:30	THURSDAY 22ND FEB THURSDAY 28TH MAR	£54.50

TO SECURE YOUR CHILD'S PLACE PLEASE USE OUR ONLINE BOOKING SYSTEM FOUND AT WWW.SPORTACUS.CO.UK/BOOK-ONLINE OR SCAN THE QR CODE BELOW.

WE NOW ACCEPT ALL MAJOR DEBIT, CREDIT CARDS, APPLE PAY AND PAYPAL PAYMENTS AND OUR PRICES INCLUDE AN ONLINE BOOKING AND ADMINISTRATION FEE.

TO USE CHILDCARE VOUCHERS PLEASE CONTACT US BEFORE BOOKING ONLINE.

SPORTACUS CLUBS NEED AT LEAST 15 CHILDREN SIGNED UP TO COMMENCE. BY SIGNING UP TO ANY OF OUR SERVICES, YOU AGREE TO OUR TERMS AND CONDITIONS WHICH CAN BE FOUND ON OUR WEBSITE.

LOCAL NEWS / EVENTS /
USEFUL INFORMATION

HALF TERM WORKSHOPS

MONDAY 12TH - FRIDAY 16TH FEBRUARY 2024

CHOOSE YOUR LOCATION AND DAYS - 9:30AM TO 3:30PM

BROMLEY - GRAVESEND - SIDCUP



AT THE MOVIES

CENTRE
★ STAGE
THEATRE ACADEMY

BOOK TODAY - 0800 058 2521

£30 PER DAY OR ALL FIVE DAYS FOR JUST £125!

WWW.CENTRESTAGETHEATREACADEMY.COM

LOCAL NEWS / EVENTS / USEFUL INFORMATION

HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH



Love

Be there for them & show how much they mean to you.



Support

Support them emotionally and encourage them.



Listen

Listen to what they have to say & be attentive.



Exercise

Encourage physical activity and playtime.



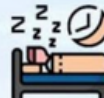
Educate

Read up on and educate yourself about mental health.



Coping

Help your child to cope with the symptoms.



Rest

Help your child to cope with the symptoms.



Conversation

Help your child to open up and have conversations.



Environment

Create a positive environment so that they can thrive.

! TheMindsJournal



Help

Don't be scared of seeking help from professionals.

MINDJOURNAL



Be proud

Tell your child how proud you're of them.



Patience

Try not to pressurize your child, and be patient with them.



VALENTINE TRAIL

10th - 18th February 

Join our trail to find the pairs of animals



Pick up your entry form at reception.
Find the 10 pairs of animals.
Collect your prize from the Tea Room
Open daily (except Tuesday)
from 1.30pm - 4.30pm



£3 per
entry

Foal Farm Animal Rescue
Jail Lane, Biggin Hill, TN16 3AX
www.foalfarm.org.uk

LOCAL NEWS / EVENTS / USEFUL INFORMATION



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024



moneysavingcentral.co.uk/kids-eat-free

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from
From Mon 12th - Fri 23rd February 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

SCHOOL DIARY DATES

DIARY DATES

Thursday 1st February	Whole school SCARF PSHEC workshops £3 per child
Tuesday 6 th February	Oak trip to Downe House
Wednesday 7th February	Sycamore trip to High Elms for pond dipping and mini beast workshop £5 per child
Friday 9th February	Break up for half term at 3.20pm
Thursday 22nd February	Sycamore to The Royal Festival Hall for Bright Sparks Concert FREE
Thursday 7th March	World Book Day
Saturday 9th March	Years 3 and 4 Bromley Schools Cross Country at Crystal Palace-more details will follow soon!
Wednesday 13th March	Whole School Perform Theatre workshops FREE
Tuesday 19th March	Parents Evening
Thursday 21st March	Parents Evening
Friday 22nd March	Willow to Halstead Primary for <u>Fairytale</u> workshop <u>Price:TBC</u>
Monday 25th March 2023	Holi Festival assembly
Thursday 28th March	Easter Bonnet Parade Easter Egg Raffle End of Term at 1.15pm