contract catering

Apr to Oct 2023

WEEKLAMENU

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS.



Dishes marked with any of the following

numbers contain the matching

allergen:

1 Wheat Gluten

2 Crustaceans

3 Soybean

4 Mustard

5 Sesame

6 Sulphites/

Sulphur Dioxide

7 Milk 8 Fish

9 Egg

10 Peanuts

11 Molluscs

12 Celeriac/Celery

13 Nuts

14 Lupins

15 Oat Gluten

16 Barley Gluten



WEEK 1

17th April 15th May 19th June

17th July 25th Sept

23rd Oct

WEEK 2

24th April 22nd May

26th June

4th Sept

2nd Oct

WEEK3

1st May

5th June

3rd July

11th Sept

9th Oct

WEEK 4

8th May

12th June

10th July

18th Sept

16th Oct

MONDAY

Macaroni Cheese 1.7 v Jackets with a Choice of Toppings 7,8,9

> Green Beans Carrots

Ice Cream 7 Mr Nourish Biscuit 1

Fruit Pots

Vegetable Pie 1 vg Cheese & Bean Wrap Pocket 1,7 v

> **New Potatoes** Seasonal Vegetables

Banana in Chocolate Custard 7 Mr Nourish Biscuit 1 Fruit Pots

Margherita Pizza 1,3,7,9 v Jackets with a

> **New Potatoes** Sweetcorn **Peppers**

Ice Cream 7 Mr Nourish Bisquit 1 Fruit Pots

Choice of Toppings 7,8,9

Meatfree Meatballs & Pasta 1 va

Jackets with a Choice of Toppings 7,8,9

> Cauliflower Carrots

Peach Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots

TUESDAY

BBQ Pulled Pork in a Bun 1,5 Herby Tomato Penne Pasta 1 vg

> Rainbow Rice Sweetcorn, Courgettes

Chocolate Pudding 1.9 & Chocolate Sauce 7 Mr Nourish Biscuit 1 Fruit Pots

Sweet Chicken Curry Cheese Topped Pasta Bake 1,7 v

> Rice Carrots Cauliflower

Apple Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots

Sweet & Sour Pork Cheesy Pasta Bows 1,7 v

> Rice Cauliflower Carrots

Jam Tart 1,6 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots

Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 v

New Potatoes Seasonal Vegetables

Strawberry Pot 7 Mr Nourish Biscuit 1 Fruit Pots

WEDNESDAY **THURSDAY**

Roast Chicken & Gravy Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes Cabbage, Carrots

Fruit Jelly Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Roast Pork & Gravy Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes Broccoli, Sweetcorn

Crispy Cake 3,7,16 Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Toad in the Hole 1.6.7.9 Vegetable Toad in The Hole 1,7,9 v

> **Rustic Roast Potatoes** Cabbage, Peas

Fruit Jelly Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Roast Gammon & Gravy Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes Green Beans, Carrots

Chocolate Cornflake Cake 3,7,16 Mr Nourish Biscuit 1 Yoghurt 7 Fruit Pots

Chicken Pie 1 Arrabiatta Pasta Twists 1 va

New Potatoes Seasonal Vegetables

Peach Sponge 1,9 Mr Nourish Bisquit 1 Yoahurt 7 Fruit Pots

Cottage Pie Cheesy Pasta Twists 1,7 v

> Carrots Green Beans

Lemon Drizzle Cake 1.9 Mr Nourish Bisquit 1 Yoghurt 7 Fruit Pots

Penne Bolognaise 1 Jackets with a Choice of Toppings 7,8,9

Baked Wedges Seasonal Vegetables

Beetroot Cake 1.9 Mr Nourish Biscuit 1 Yoahurt 7 Fruit Pots

Chicken Fajitas 1,4 Jackets with a Choice of Toppings 7,8,9

Rice Sweetcorn Side Salad

Traybake Pancake 1.79 & Berry Sauce Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7

Fish Fingers 1,8

FRIDAY

Cheese & Spinach Pinwheel 1,7 v Chips

> Peas Baked Beans

Banana Bar 1 15 Yoghurt 7 Fruit Pots

Chicken Goujons 1 Summer Frittata 9 v

> Chips Peas Baked Beans

Caramel Cookie 1.7 Yoghurt 7 Fruit Pots

Cheesy Bean Slice 1,7 v

Chips

Peas

Baked Beans

Brownie 1,9

Yoghurt 7

Fruit Pots

Salmon Fish Cakes 1.78

Margherita Pizza 1,3,7,9 v

Allergen ccreditation Fish Fingers 1,8









Oaty Biscuit 1,15 Fruit Pots, Yoghurt 7



