



Downe Primary School 2020/2021

Sports Premium Grant Background

The Government's PE and Sport Premium Grant is designed to raise the profile of sports and healthy lifestyles for pupils, creating a legacy in schools. Ofsted assesses and reports on how effectively this funding is being used to improve PE and sport provision when making a judgement on the quality of the school's Leadership and Management. Schools are free to determine how best to use this funding to improve the quality and breadth of Physical Education and sport so that all pupils develop healthy lifestyles and reach the performance levels of which they are capable.

Schools should use the premium to secure improvements in the following 5 key indicators.

Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games

- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.



DOWNE PRIMARY SCHOOL

Key achievements to date:

The priority at Downe Primary remains the health and well-being of every pupil. A continued emphasis is placed on the role of Physical Education and its benefits to a healthy lifestyle.

This year the programme of planned activities has been severely disrupted by the covid 19 pandemic.

- The school continues to be committed to upskilling all staff to ensure that PE is being taught by confident and competent teachers. A lunchtime PE specialist continues to improve the quality and range of provision provided
- Increased sporting opportunities at break times that now include table tennis, basketball, football and tennis as well as access to specialist coaching.
- Increased physical activity for every child. More PE lessons have been incorporated into the curriculum after lockdown
- Continuation of the five-a-day fitness programme.
- Continuation of mental health based activities /developing Yoga in the PE curriculum.
- A full Forest School programme continues to be undertaken by the youngest pupils

Areas for further improvement and baseline evidence of need:

Much of the school's sporting programme was severely disrupted during 2020/2021 due to circumstance beyond our control.

The focus in 2021/ 2022 will be on re-establishing many activities and promoting health and mental health through sporting participation.

- Reintroduction of the swimming programme including catch up lesson for those children who have not been able to attend in the last two years due to the imposed restrictions.
- Reintroduction of outdoor and adventurous activities with new residential visit planned
- Reintroduction of small school sports festivals to promote competitive sport between schools
- Continue to investigate ways to enhance the PE curriculum to incorporate mindfulness and promote mental health
- Redesign playground and review break-time options post-covid to further increase the variety of break time sporting options.
- Investigate the option of a daily mile track around the school
- Update the school's orienteering resources including re-mapping to include developments to the school grounds.

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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	Swimming not possible due to Covid 19
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	Swimming not possible due to Covid 19
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	Swimming not possible due to Covid 19
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Not this year. Summer term disrupted by coronavirus outbreak.

A 'Catch-Up' Swimming programme is planned for 2021/2022

Academic Year: 2020/21	Total fund allocated: £9,958.59	Date Updated: June 2021		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: %
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>For pupils to have an increased understanding of the health benefits that sports participation brings.</p> <p>To focus on their own improvement rather than a competitive edge</p> <p>To encourage children to improve their core motors skills from an early age</p> <p>Children are able to access high quality play and sport resources throughout lunchtime.</p>	<p>Buy Five-A-Day licence 'The Daily Mile'</p> <p>A minimum of two hours of curriculum time is devoted each week to physical education and a full and varied range of activities are provided. PBs promoted at every opportunity.</p> <p>Provide pupils with access to specialist PE teaching in Early Years and Infants.</p> <p>Increase the variety of sports and the quality of coaching support offered at lunchtime through the employment of a specialist PE teacher.</p>	<p>£201</p> <p>£5688</p>	<p>Pupils involved in physical activity every day.</p> <p>PE featured for slightly less time but more often in curriculum planning ensuring regular daily activity (post covid).</p> <p>Planned activities did not happen due to Covid 19 restrictions</p> <p>Fewer playtime incidents and children engaged in a wider variety of activities</p>	<p>5 a day firmly embedded in school day (Infants) Daily mile also integrated as part of the school day Pupils' fitness levels are sustained / increased.</p> <p>Pupils' (and families') understanding of the contributors of a healthy lifestyle impacts on their health and mental well-being.</p> <p>Calming influence upon pupils that prepares for subsequent class work Improved self-esteem Enhanced enjoyment of physical activity.</p>

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Raise the profile of Physical Education, Sport and Physical Activity (PESPA) across the school.</p> <p>To encourage a heightened understanding of Health & Wellbeing can have a positive impact upon physical attainment.</p> <p>Celebration assembly every week to ensure the whole school is aware of the importance of P.E. and sport and to encourage all pupils to aspire to being involved in the assemblies.</p> <p>Forest School runs weekly in EYFS and KS1 encouraging fine and gross motor skill development. This is a weekly event that supports other areas of the curriculum also.</p>	<p>Further develop Health Week to include a wider variety of guest speakers and activities</p> <p>Development of the mindfulness curriculum for Year 5 and 6 and yoga for years 3 and 4</p> <p>Achievements celebrated in assembly. e.g. match results, tournaments, festivals, sporting events in the local community, unusual sporting achievements.</p> <p>Weekly Forest School activities</p> <p>Forest school and storage for resources.</p>	<p>£2004.07</p>	<p>Health Week was moved to the summer term and only limited access was allowed to guest speakers</p> <p>The long-term effects of lockdown are hard to judge but there has been some positive feedback on the activities undertaken on the return to school.</p> <p>School Assemblies have not been allowed this year but some celebrations have taken place in class and there was some celebration of virtual sporting achievements during lockdown.</p> <p>Forest school happening every week in all seasons</p>	<p>Health Week is an annual event, whereby the profile of health and sport is further reinforced. Will be reintroduced next year.</p> <p>This is a long term project. Yoga and mindfulness needs to be included as part of the PE curriculum.</p> <p>Pupils are excited and proud to be involved in assemblies which has impact on confidence and self-esteem. This will be reintroduced next year.</p> <p>Continue to develop the curriculum and establish further links with High Elms.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To increase confidence and skill in planning, delivery and assessment in PE, in line with the national curriculum.	<ul style="list-style-type: none"> • Employment of specialist sport coaches for one PE lesson each week for some classes. Teachers observe and plan alongside specialist. • Planning ensures breadth is maintained in curriculum delivery • Assessments carried out for each year group • Whole School Annual Health Week events • Promote positive role models in sport • Sports day participation and involvement for everyone • Whole school sports promotions 		<p>All teachers were confident when asked that they could teach games as part of the PE curriculum. This is evident in informal observations.</p> <p>'Passports' ensure records are kept and information passed between teachers and coaches.</p>	<p>The quality of PE teaching across the school is high and the benefits are sustained</p> <p>Further professional development opportunities for staff who request it.</p> <p>It is hoped that sports coaches, along with festivals, clubs and a whole school Sports Day will be reintroduced after government restrictions are lifted.</p>
Improve the quality of children's gymnastic education in EYFS to ensure that they are all confident and competent.	All year groups have the opportunity to work alongside sport coaches. Staff have been upskilled and trained gaining valuable experience from the coaches.		The introduction of specialist sports coaches in EYFS ensures pupils are engaged in sport from an early age. This enthusiasm is maintained throughout the school.	This was cancelled due to Covid 19 restrictions
All staff reminded of the safety implications for PE and have access to relevant and up-to-date guidance.	PE equipment inspection (Kent Gym & Sports Services)	£143	AFPE book referenced / equipment safe to use	Continue to review and promote safe practice within school

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increase confidence in pupils to engage with sports that they would not normally have access to.	Provide pupils with a wide range of sports in a three half termly rotation. Increased break time opportunities. Create links with the community via promotion of local clubs and out of school activities eg taekwondo, gymnastics, fencing golf etc...		Curriculum PE has broadly been delivered with some modifications. Joe Wicks exercise videos were promoted during lockdown. 'Bubble' break times has resulted in more space on the playground and a wider access to different sports including tennis, table tennis and basketball.	Sustain and re-establish links with community and children continue to access a broad range of sports. Consider post bubble break time options to increase participation in a wider variety of sports.
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Provide pupils with curricular and extra-curricular opportunities that would enable them to compete with confidence.	Promote and initiate Small School sport by hosting a range of competitive tournaments throughout the year. Provide specialist coaching and mentoring in preparation for competition Provide pupils with positive role models Purchase of equipment	£590	The coronavirus has severely impacted on the small programme of events for this year.	We hope to re-establish the small school festivals next year. It is hoped that a full programme of clubs and coaching opportunities will be available next year

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How we intend to use the budget in 2021/2022

In the academic year 2021 to 2022 , Downe Primary School expects to receive a PE and Sports Premium Grant of £16,641.66 and a carry forward of £9,958.59.

Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
High quality sports / Forest School equipment for indoor and outdoor sports and activities	To complete regular audits of PE equipment to ensure equipment is in good working order and that all sports are equipped.	£300	New equipment is being used in lessons and play times, leading to an increase in children participating in physical exercise.	Long term use of equipment. Regular reviews allow PE equipment to be monitored.
Increase playground equipment, with a particular focus on inclusion and resources to support children with SEND with physical activity	Increase inclusive play equipment and redesign the playground layout	£1638	All children including those with SEND more engaged in outdoor playtimes and more active	Play equipment and markings will be available for future years and hosting of tournaments
Increased variety of extra-curricular sports clubs on offer to all children	Access to clubs subsidised to ensure specific children are targeted.	£500 Sports Clubs typically cost £ 5 per hour for 10 weeks	Subsidised sports clubs for children identified that can be supported through increased activity to maintain a healthy lifestyle.	Enjoyment in physical activity increased for targeted children.
Updating sports equipment for play times so all children have access to a range of equipment.	To support active play throughout the school and support behaviour management.	£250	Children that know how to actively play and stay healthy. Children’s enjoyment at playtime and range of equipment being utilised.	To continue to be used by all year groups at playtimes

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Release time for PE subject leader & to look at after school provision and intra- house competition at school.	Raising the profile of PE across the school, increased participation, opportunities for competition, and improved opportunities at lunchtime and after school.	£400 (2 days supply)	Children's interest in PE lessons and other sporting activities. Increased attendance at sporting events,	PE notice board with information regularly updated to raise profile. Profile of sports raised
To increase children's interest and engagement in all sports lessons. Skilled sports coach to work with Lunchtime Supervisors to encourage all children to participate in sport.	Sport coaches target children with low self- esteem/ engagement	£7125	Children's attitude towards sports is positive and all children are active at playtimes	Children's attitude to sport is positive and self-esteem increased to ensure continued involvement in physical activities.
5 a day and daily mile used to encourage daily exercise to support children's focus and energy in lessons throughout the day	Children engaged in regular exercise to support focus in lessons	£201	Children more focussed in class	Membership each year to '5 a day' Investigate costs of a dedicated daily mile track

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Staff to continue to work alongside coaches. Staff will be “up skilled” and trained gaining valuable experience and ideas	To support teacher development, confidence and skills in teaching PE and Sport	£1008	Staff confident to teach a wider range of sport / Forest School activities to a higher level.	Progressively widen skills base / develop knowledge and confidence
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Top up swimming lessons for year 6 pupils in order to meet curriculum expectations after provision was put on hold during pandemic	To monitor swimming in KS 2 to ensure the national curriculum standards are met.	£700	Having a high percentage of children meeting the 25m unaided swimming requirement at the end of KS2.	To ensure maximum number of pupils able to swim unaided.
Support with funding pupils to attend adventurous outdoor activity trip.	Identify pupils who require support with funding. Ensure that they are able to access the same range of opportunities on an adventure week as other children.	£500	Children take part in activities they otherwise would not have had the opportunity to do so	Experience for the children which will provide long term memories for adventure activities.

After school sports provision, offered subsidised for targeted individuals, with the sport provided changing half termly. Club for KS1 and KS2.	Plan to be provided with choice of sports	£500 Sports Clubs typically cost £ 5 per hour for 10 weeks See Key Indicator 1	Wider range of children participating in after school sports clubs. Variety of sports on offer changing regularly.	Enjoyment and access to physical activity increased for targeted children.
Investigate the possibility of floodlighting provision to extend after school clubs possibilities throughout the year	Cost floodlights with possible purchase	£5000?	Wider range of after schools clubs and activities provided especially in the winter months	May require planning permission. Estimates required.
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Competition entries – Bromley School games organisers	Provide opportunities for pupils from Year 3 upward to engage in competitive sport. Provide cover for class teacher to attend events and for transport to get to events.	To be decided	More children participating in competitive sport	Children to have increased interest in competitive sport which will continue into future years.
Continue to take part in Small school and wider Bromley competitions with the Coach taking and running practice sessions before fixtures	Provide coaching for the event and practice beforehand so that children are prepared	£150	Children and families all enjoy the experience. All children involved grow in confidence and are proud to represent their school.	Downe have taken a lead in the organisation of these small school tournaments but they have been unable to take place due to the pandemic in recent years. There needs to be a commitment on behalf of all small school heads that they continue and their importance is recognised.